

Preparing for Adulthood (PfA) Timeline for young people with an Education Health and Care Plan

Young people with an Education Health and Care (EHC) Plan have a review on an annual basis. Under the new Special Educational Needs and Disability legislation (Children and Families Act 2014), we should be thinking about supporting children and young people to prepare for adult life from the earliest possible time. The Year 9 Review however must have a clear focus on the four preparing for adulthood life pathways, these are:

- Preparing for and funding employment
- Independence
- Friends, relationships and community inclusion
- Good health

The EHC reviews must include the young person themselves and they must be at the centre of the process together with the support of their family. Consideration must be given to aspirations and outcomes they wish to achieve, and the activities and provision that can support progress toward the preparing for adulthood outcomes.

It is important to note that after compulsory school age (the end of the academic year in which they turn 16), the right to make decisions under the Children and Families Act 2014 applies to the young person directly rather than to their parents. Parents or other family members can continue to support young people in making decisions, or act on their behalf, provided that the young person is happy for them to do so. It is likely that parents will remain closely involved in the great majority of cases and all agencies working with the young person should continue to involve parents in discussions about the young person's future.

This timeline sets out the things that will happen at each stage of the process as a young person moves through school and onto further education, training or employment. It seeks to help young people and their family understand what happens when. It is important to remember however, that whilst this provides a generic timeline, each young person's situation is different and will be considered on an individual basis.

Year/Age	What happens
Year 9 (age 13/14)	<ul style="list-style-type: none"> • 1st PfA Review at school • EHC Plan reviewed and outcomes considered that focus on the four pathways for preparing for adulthood • Parents & young person fact-find about post 16 provisions referring to Local Offer and supported by the school • Young person has right of consent over use of their person data (from age 12)
Year 10 (age 14/15)	<ul style="list-style-type: none"> • 2nd PfA Review at school; EHC Plan reviewed • Parents & young person visit potential provisions, if potentially not staying at current school after Y11
Year 11 (age 15/16)	<ul style="list-style-type: none"> • Parents & young person decide on their preferred post-16 provision • SEN or Multi-agency panels make decisions about educational placement moves based on young person's aspirations, wishes & assessed need • If young person is leaving at Y11, moving to a new placement (school sixth form, further education college or training), an updated EHC Plan is issued by 31st March of the year leaving, naming post-16 provision

Year/Age	What happens	
	<ul style="list-style-type: none"> ➤ <i>If in receipt of DLA, parents receive notification from the DWP about PIP and requesting your young person's bank details – parents will need to consider how future financial responsibility will work</i> 	
Year 12 (age 16/17)	<u>School setting</u> <ul style="list-style-type: none"> • Annual reviews continue as above & EHC Plan updated if required • Parents and young person plan visits to post 19 placements, if outcomes in EHCP support continuing in education 	<u>College setting</u> <ul style="list-style-type: none"> • Annual Review conducted by college staff & EHCP updated if required
Year 13 (age 17/18)	<u>School setting</u> <ul style="list-style-type: none"> • Annual reviews continue as above & EHC Plan updated if required • Parents and young person plan visits to post 19 placements, if outcomes in EHCP support continuing in education 	<u>College setting</u> <ul style="list-style-type: none"> • Annual Review conducted by college staff & EHCP updated if required
Year 14 (age 18/19)	<u>School setting</u> <ul style="list-style-type: none"> • Annual reviews continue as above & EHC Plan updated if required • Parents and young person plan visits to post 19 placements, if continuing in education • SEN or Multi-agency panels make decisions about educational placement moves based on young person's aspirations, wishes & assessed need 	<u>College setting</u> <ul style="list-style-type: none"> • Annual Review conducted by college staff & EHCP updated if required • SEN or Multi-agency panels make decisions about educational placement moves based on young person's aspirations, wishes & assessed need
Age 19+	<p>Young people with SEND are not automatically entitled to maintain their EHC Plan after they turn 19 years.</p> <p>The majority of young people with EHC plans will complete further education with their peers by age 19. However it is recognised that some young people with SEND need longer to complete and consolidate their education and training. The length of time will vary according to each young person and be based very much on an individual basis, with the young person at the centre of the process.</p>	

Year/Age	What happens
	<p>DAYTIME ACTIVITIES</p> <ul style="list-style-type: none"> • Moves to Further Education (if this supports outcomes in EHC Plan) • Remains in Further Education (if this supports outcomes in Plan) • Moves to Higher Education (EHC Plan and LA support ceases) • Moves to an Apprenticeship (EHC Plan continues potentially) • Paid Work (EHC Plan ceases) • Moves to Supported Internship (EHC Plan continues) • Work Experience (EHC Plan ceases) • Volunteering (EHC Plan ceases) • Specialist College (EHC Plan continues) • Daytime activities via Adult Social Care, if eligible, or independent daytime activities (EHC Plan ceases) <p>INDEPENDENCE AND LIVING</p> <ul style="list-style-type: none"> • May live at home • May live independently away from family home (& possibly receive housing benefit) • May move to supported living, if eligible (& receive housing benefit) • May live at College or in a Residential Care setting <p>ACCESSING THE COMMUNITY</p> <ul style="list-style-type: none"> • May access mainstream activities and social settings (with or without support) • May access specialist social clubs and activities via voluntary sector • May rely on family for social life <p>HEALTH</p> <ul style="list-style-type: none"> • May access healthcare independently • May access healthcare with support from specialist settings • May rely on family for good access to healthcare • Will attend annual GP Health Check
<p>Post age 25</p>	<ul style="list-style-type: none"> • EHC Plan ceases if not ceased already • Provision should be in place for the medium term • Assessments can be carried out at any age for Adult Social Care & Health • Carer's Assessments can also be requested at any stage • Personal budgets & direct payments (if entitled and in receipt) will be reviewed annually • Health care plans will be reviewed annually